

GRADE 12 HEALTH EDUCATION SUMMER READING

READ: *Basketball Junkie: A Memoir* by Chris Herren and Bill Reynolds.

You will need to **obtain** your own copy of the book. There are copies available through the local library if you don't want to purchase the novel. This is a true story – enjoy and appreciate it.

SELECT PASSAGES:

As you read you will select five passages that stand out to you, one passage from each of the following aspects of Chris Herren's story:

- Family
- High School
- College
- Professional Basketball
- Post-Basketball Career

SUGGESTIONS FOR CHOOSING PASSAGES FROM THE TEXT:

Look for quotes that seem significant, powerful, thought provoking or puzzling. For example, you might record:

- Passages that remind you of your own life or something you've seen before
- A passage that makes you realize something you hadn't seen before
- Passages with confusing language or unfamiliar vocabulary
- Events you find surprising or confusing
- Passages that illustrate a particular character or setting

RESPONDING TO THE BOOK:

After reading the book and selecting your five passages write a one page paper on what your take away message is from the book. The response should be one page, double spaced, Times New Roman 12- Point font.

GRAPHICAL PRESENTATION:

The final component of the assignment is to construct a visual piece that incorporates your five selected passages, your personal response to the book, and graphics (pictures, diagrams, charts, etc.) that highlight your passages and personal response. The personal response should be placed in the center and the five passages should be spaced around the perimeter. The visual piece must be on a standard sized poster board (22" x 28") and be submitted to your teacher no later than Friday, September 11, 2015.

GRADE:

The assignment will be a test grade in your health class.

Upon returning to Lenape Valley in September all seniors will be involved in a discussion of the reading.

BASKETBALL JUNKIE

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PRIMITIVE PSYCHO-THERAPY

been written is still a common expedient for the cure of disease in Tibet, where the Lamas use written spells, known as "edible letters."¹ The paper containing cabalistic words and symbols, taken internally, constitutes the remedy, and through its influence on the imagination is probably more beneficial to the patient than are most of the so-called "hitters" and potent medicines of the present day.

So likewise, when a Chinese physician cannot procure the drugs which he desires in a particular case, he writes the names of these drugs on a piece of paper, which the patient is expected to eat;² and this mode of treatment is considered quite as satisfactory as the swallowing of the medicine itself. Sometimes a charm is burned over a cup of water, and the ashes stirred in, and drunk by the patient, while in other cases it is pasted upon the part of the body affected.³

In eastern countries generally, remedial qualities are ascribed to water drunk out of a cup or bowl, whose inner surface is inscribed with religious or mystical verses; and specimens of such drinking-vessels have been unearthed in Babylon within recent years. The magic medicine-bowls, still used in the Orient, usually bear inscriptions from the Koran.⁴ In Flora Annie

¹ T. Austin Waddell, *The Medicine of Tibet*, p. 401.

² Edmund Huxley, *Origin and Growth of the Healing Art*, p. 133.

³ Harrison C. De Bore, *The Druggies, Drugs and Deems*, p. 407.

⁴ Austin, *op. cit.*, p. 407.

